



Heartwood Church of England VC Primary and Nursery School

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Headteacher Mrs Rebecca Starman
Deputy Headteacher Mrs Kelsey McKenna

Monday 2nd November 2026

Dear Parents/Carers,

In Life skills this half term, we will be learning about **Online Safety**. We will also have our half termly lessons about NSPCC PANTS. Below will explain what will be taught each week and what vocabulary will be used.

Session Focus		Key Vocabulary
W/C 2 nd November	Online Safety: Watching Videos	Safe, adult, ask, report, safe, scary
W/C 9 th November	Online Safety: Sharing pictures	Share, private, permission, kind, personal, trusted
W/C 16 th November	Online Safety: Playing Games	Player, stranger, block, chat, report, rules
W/C 23 rd November	Online Safety: Helping to make good viewing choices	Choice, suitable, unsuitable, age, review, decide
W/C 30 th November	Online Safety: Keeping viewing choices safe	Trusted adult, uncomfortable, tell, help, balance, safe
W/C 7 th December	PANTS NSPCC- Link to NSPCC PANTS video 	Safe adult, Upsetting, Worrying, No
W/C 14 th December	Childline- 0800 1111- Link to Childline video 	Safe adult, Upsetting, Worrying, No

If you have any questions, please do not hesitate to get in contact.

Kind regards, Mrs Cornwell



'Live life in all its fullness'
John 10:10