



# Heartwood Church of England VC Primary and Nursery School

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Headteacher Mrs Rebecca Starman  
Deputy Headteacher Mrs Kelsey McKenna

Thursday 3<sup>rd</sup> September 2026

Dear Parents/Carers,

In Life skills this term, Year 5 will be learning about friendship and bullying, belonging and community. A brief overview of topics and key vocabulary is set out below.

|                                |                                                                                                                                             |
|--------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|
| W/C 7 <sup>th</sup> Sept 2026  | Friendship and bullying: Including others.<br>Key Vocabulary: included excluded similarities differences                                    |
| W/C 14 <sup>th</sup> Sept 2026 | Friendship and bullying: positive and respectful friendships<br>Key vocabulary: wellbeing respectful disrespectful communication            |
| W/C 21 <sup>st</sup> Sept 2026 | Friendship and bullying: bullying and its impact<br>Key vocabulary: bullying impact verbal physical online social peer influence prejudice  |
| W/C 28 <sup>th</sup> Sept 2026 | Belonging & community: addressing discrimination<br>Key vocabulary: stereotype typical behaviour characteristics assumptions discrimination |
| W/C 5 <sup>th</sup> Oct 2026   | Belonging & community: addressing extremism<br>Key vocabulary: influence persuasion pressure vulnerabilities extremism prejudice            |
| W/C 12 <sup>th</sup> Oct 2026  | Online safety: self image and identity                                                                                                      |
| W/C 19 <sup>th</sup> Oct 2026  | Online safety: managing information online                                                                                                  |

If you have any questions, please do not hesitate to get in contact.

Kind regards,

Mrs Jones  
Fox Class Teacher



**'Live life in all its fullness'**  
John 10:10