

The 2 Johns



'Keeping Children Safe'

Parent & Carer

ONLINE SAFETY

NEWSLETTER

Welcome to the February edition of our Parent and Carer Online Safety newsletter.

As Safer Internet Day approaches, we encourage you to explore the available resources and engage in open conversations with your child. We have included the link once again for your convenience.

In alignment with the upcoming Valentine's Day, this month we will focus on online relationships. We provide guidance and advice to help you understand the risks associated with online interactions, as well as strategies for discussing these risks with your child. Furthermore, we will offer support avenues in case any issues arise. We hope you find this information valuable.

Safer
Internet
Day 2026

[MORE INFO](#)

Tuesday
10 February



Healthy Relationships

It is natural for children and adolescents to exhibit curiosity regarding sex and relationships. However, for some parents and carers, discussing these topics can feel uncomfortable. While embarrassment is a common reaction, it is important to recognise that children naturally have questions. As children progress through various stages of life, they engage in different types of relationships, including those formed online. They often utilise social media and video applications to maintain connections with friends and partners. The NSPCC provide guidance on how to support your child in cultivating a healthy relationship with the digital world. They offer resources to help you discern the differences between healthy and unhealthy relationships, along with practical tips for supporting your child during this developmental phase.

[CLICK HERE](#)



A woman with glasses and a young girl are looking at a smartphone together. The girl is holding the phone, which has a cartoon dog case. The woman is looking at the screen with a concerned expression.

#AskTheAwkward

Engaging in online interactions has become a significant aspect of how young people navigate their relationships. They utilise digital spaces for both social and romantic pursuits. Recognising that discussions around these topics can be challenging, the initiative #AskTheAwkward has been established to facilitate conversations about online relationships with secondary-aged children, integrating these discussions into everyday life. This initiative provides guidance on fostering positive dialogue and offers advice on how to respond if your child shares concerning information.

[CLICK HERE](#)



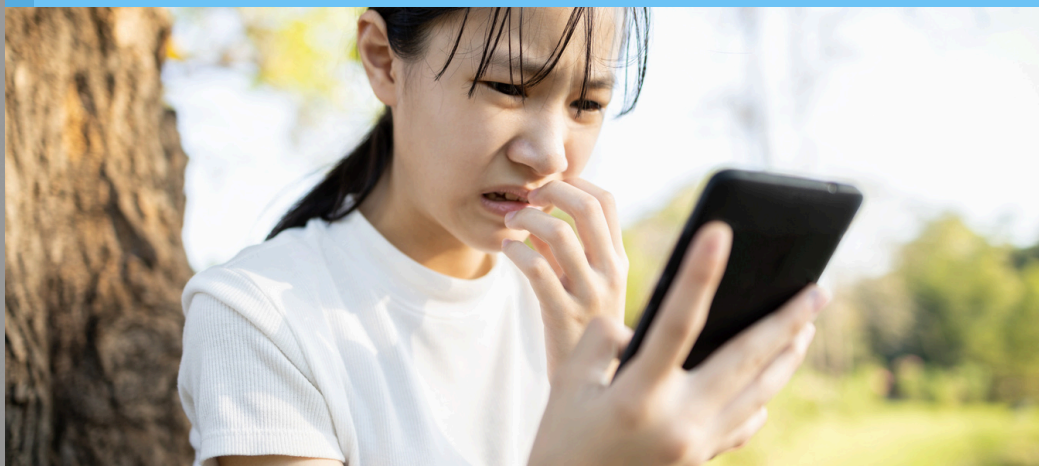


So you got naked online?

“So You Got Naked Online...” is a valuable resource designed to assist and advise young individuals who may find themselves in situations where they—or a friend—have shared a sexting image or video online.

The initiative aims to help parents with essential advice and strategies to address the challenges arising from sexting incidents.

[CLICK HERE](#)





What online relationships look like for teenagers

Technology has changed the way young people build and maintain a lot of their relationships. Learn how connected devices support teens' online relationships and dating lives.

[CLICK HERE](#)



Online Pornography

Young individuals may be exposed to sexual imagery in both online and offline environments. Such exposure can significantly impact their perceptions of sex, relationships, and body image, often leading to feelings of confusion, embarrassment, or anxiety.

[CLICK HERE](#)



CEOP REPORT BUTTON



REPORT REMOVE



Nude image of you online?
We can help take it down.

REPORTING AND HELPLINES

NSPCC CHILDLINE

childline

ONLINE, ON THE PHONE, ANYTIME
[childline.org.uk](https://www.childline.org.uk) | 0800 1111



REPORT HARMFUL CONTENT

