



# Heartwood Church of England VC Primary and Nursery School

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Headteacher Mrs Rebecca Starman  
Deputy Headteacher Mrs Kelsey McKenna

Monday 1<sup>st</sup> June 2026

Dear Parents/Carers,

In life skills next term, Year 6 will be learning about what will change as they become more independent and how friendships will change as they grow. This will include, Different relationships, changing and growing, adulthood, independence, moving to secondary school. We will also have a heavy focus on online safety as part of our computing curriculum.

As part of our Year 6 Life Skills curriculum this half term, we will be teaching the statutory Relationships and Sex Education content. We will be hosting a parent information meeting on Friday 5th June at 3pm, where we will talk through the lesson content, including reproductive organs and processes, how babies are conceived and born, and an age-appropriate introduction to ways pregnancy can be prevented. This meeting will provide parents with the opportunity to view resources and ask any questions.

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|--------------------------------|---|
| W/C 2 <sup>1st</sup> June 2026 | how puberty relates to growing from childhood to adulthood  |
| W/C 8 <sup>th</sup> June 2026  | About reproductive organs and process- how babies are conceived and born and how they need to be cared for        |
| W/C 15 <sup>th</sup> June 2026 | that there are ways to prevent a baby being made  |
| W/C 22 <sup>nd</sup> June 2026 | how growing up and becoming more independent comes with increased opportunities and responsibilities              |
| W/C 29 <sup>th</sup> June 2026 | how to manage change, including moving to secondary school;<br>how can I get ready for secondary relationships?   |
| W/C 6 <sup>th</sup> July 2026  | how to manage change, including moving to secondary school;<br>how can I manage moving to high school positively? |

If you have any questions, please do not hesitate to get in contact.

Kind regards,

Mrs Watts  
Red Deer Class Teacher