



Heartwood CE VC Primary and Nursery School

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Headteacher Mrs Rebecca Starman
Deputy Headteacher Mrs Kelsey McKenna

Tuesday 14th April

Dear Parents/Carers,

In life skills this term, we will be learning about how can drugs common to everyday life affect health?

w/C 14/4	How drugs common to everyday life (including smoking/vaping - nicotine, alcohol, caffeine and medicines) can affect health and wellbeing
W/C 20/4	That some drugs are legal (but may have laws or restrictions related to them) and other drugs are illegal
W/C 27/4	how laws surrounding the use of drugs exist to protect them and others
W/C 4/5	Why people choose to use or not use different drugs How people can prevent or reduce the risks associated with them
W/C 11/5	That for some people, drug use can become a habit which is difficult to break
W/C 18/5	How organisations help people to stop smoking and the support available to help people if they have concerns about any drug How to ask for help from a trusted adult if they have any worries or concerns about drugs

If you have any questions, please do not hesitate to get in contact.

Kind regards,

Mrs Bambridge
Fox Class Teacher



Learn to Love – Love to Learn!
'Live life in all its fullness.' John 10:10