







Whole School Life Skills Long Term Plan

EYFS
















Online Safety |
 Relationships |
 Health and well-being |
 Living in the wider world |
 Anti-bullying |
 Anti-Racism |
 Water Safety |
 PANTS

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YN & R	Emotions  The Colour Monster/ Ruby's Worry	How can I be a germ buster?  https://www.pol-ed.co.uk/lessons/year-groups/early-years/subjects/wellbeing	Friendships and Bullying  https://pshe-association.org.uk/lesson-plans/friendship-and-bullying	How does exercise and food help me?  https://www.pol-ed.co.uk/lessons/year-groups/early-years/subjects/wellbeing	Understanding the law  https://www.pol-ed.co.uk/lessons/year-groups/early-years/subjects/understanding-the-law	Keeping Safe  https://www.pol-ed.co.uk/lessons/year-groups/early-years/subjects/keeping-safe
	PANTS	Anti-bullying	PANTS	Anti-racism	PANTS	Water Safety
		Online bullying	Online relationships	Health, wellbeing & lifestyle	Self-image and identity	Online reputation

Nursery		Reception	
Book	Topic	Book	Topic
The Colour Monster	Emotions	Farmer Duck	Relationships
Ruby's Worry	Emotions	Giraffes can't dance	Accepting difference
You Choose - Pippa Goodhear	Identity and individuality	Blue Chameleon	Race
We Belong Together - Todd Parr	Adoption and families	Mommy, Mama and Me	All families are different
The Family Book – Todd Parr	Families	The Paper Dolls – Julia Donaldson	Change & Loss
Hairy Maclary	Emotions	Night Monkey, Day Monkey – Julia Donaldson	Accepting difference/Identity/Friendship
Hug	Family, Love	Pink is for boys	Stereotypes/Accepting difference/Kindness
We belong together	Identity/Individuality	Ten little pirates	Gender equality
The Family book	Adoption/Families are unique	The Smeds and Smoos – Julia Donaldson	Race
Come on Daisy	Families are unique	Almost Anything	Confidence
		Barbara Throws a Wobbler	SEMH
		Home	GRT/Difference

KS1















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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y1	What is the same and different about us? 	Who is special to us? 	What helps us stay healthy? 	What can we do with money? 	Who helps to keep us safe? 	How can we look after each other and the world?   
	Self-image and identity	Anti-bullying		Anti-racism		Water safety
	Online relationships	Health, wellbeing & lifestyle	PANTS	Online bullying	Online reputation	
Y2	What makes a good friend? 	What is bullying? 	What jobs do people do?  	What helps us to stay safe? 	What helps us grow and stay healthy? 	How do we recognise our feelings? 
	Online relationships	Anti-bullying		Anti-racism		Water Safety
	Online Bullying	PANTS	Online reputation	Health, wellbeing & lifestyle	Self-image and identity	

Y1		Y2	
Book	Topic	Book	Topic
Beegu	Acceptance/belonging/friendship/loneliness	Ellie and the cat	Friendship
Dogger	Loss, gratitude, friendship, family and kindness	Amazing grace	Race, gender,
Elmer	Race	Pumpkin soup	Relationships
Hair – it's a family affair	Race	The flower	Loneliness and environmental issues
Happy in our skin	Race	Gorilla	Loneliness and Friendship
Same but different too	Race	Frog and Toad	Friendship, individuality
Amazing	Disability	The owl who was afraid of the dark	Self-esteem, respect
What happened to you – J Catchpole	Disabilities/Accepting difference/Kindness/ stereotypes	No longer alone	Difference
Don't hug Doug – Carrie Finison	Consent/Self advocacy	Flat Stanley	Discrimination
Only One You	Identity/Family	The great big book of families	Diversity
Have you filled a bucket today	Friendship/Kindness/SEMH	The black book of colours	Disability
The huge bag of worries	SEMH	Blown away	Race
Can't you sleep little bear?	Solving problems	The Odd Egg	Adoption, individuality
Avocado Baby	Family, Food and Nutrition	I can say no	Consent
Knuffle Bunny	Problems for communication	In my heart	Emotions, SEMH
Let's celebrate – Festival poems	Diversity	Grandpa's Island	Grief/Loss
The giraffe, the Pelly and me	Friendship and helping others	Ruby's worry	SEMH
Traction man is here	Kindness and Bravery	Your Mummy Ate My Football	How babies are made, correct vocab

LKS2


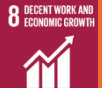












Online Safety	Relationships	Health and well-being	Living in the wider world	Anti-bullying	Anti-Racism	Water Safety	PANTS
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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y3	How can we be a good friend? 	What keeps us safe?  Anti-bullying	What are families like? 	What makes a community?  Anti-racism	Why should we eat well and look after our teeth? 	Why should we keep active and sleep well?  Water Safety
	Online relationships	Online bullying	Self-image and identity	Online reputation	PANTS	Health, Wellbeing & Lifestyle
Y4	What strengths, skills and interests do we have? 	How will we grow and change?  Anti-bullying	How can we manage our feelings? 	How do we treat each other with respect?  Anti-racism	How can our choices make a difference to others and the environment   	How can we manage risk in different places?  Water Safety
	Self image and identity	Health, wellbeing & lifestyle	Online bullying	Online relationships	PANTS	Online reputation

Y3		Y4	
Book	Topic	Book	Topic
The sheep pig	Tolerance and belonging	Bill's new Frock	Gender Inequality
Abominables	Looking after others	Why the whales came	Ignorance and Prejudice
The battle of bubble and squeak	Pets/families/& Responsibility	Perry Angel's suitcase	Belonging
Hansel and Gretel	Family life and marriage	Coming to England	Race
The Lion inside	Bullying and self-esteem	The way back home	Race
Malala's magic pencil	Bullying and discrimination	I am good at everything	Race
The Huey's and the New Jumper	Self-esteem	Mixed	Race
The Hug	Disability	Dogs don't do ballet	Stereotypes/Confidence
The Truth about old people	Age	The problem with problems	SEMH
Beegu	Bullying/isolation	The invisible	Money/Emotions/Families
The Proudest Blue	Conflict and Resolution/ Accepting difference	The invisible String	Separation anxiety/Grief/Loss/SEMH
Goldilocks and the 5 bear families	Accepting difference/LGBTQIA+	Prince Henry	LGBTQIA+
Tell me again about the night I was born	Adoption/Families are unique	Great Women who changed the world	Gender Equality
Life doesn't frighten me at all (poem)	Diversity	Bottled	Emotions
The rainmaker danced (poem)	Diversity		

UKS2

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Y5	What makes up a person's identity? 	What decisions can people make with money?  	How can we help in an accident or emergency? 	How can friends communicate safely? 	How can drugs common to everyday life affect health? 	What jobs would we like?   
	Self image and identity	Anti-bullying		Anti-racism		Water Safety
	Online bullying	PANTS	Online relationships	Health, wellbeing & lifestyle	Online reputation	
Y6	How can we keep healthy as we grow? 		How can the media influence people?  		What will change as we become more independent? How do friendships change as we grow?  	
	Health, wellbeing & lifestyle	PANTS	Online bullying	Self image and identity	Online relationships	Online reputation
		Anti-bullying		Anti-Racism		Water Safety

Y5		Y6	
Book	Topic	Book	Topic
Varjak Paw	Relationships/Danger/Loss/Identity/Esteem	Fireweed	Immigration/Empathy
Wolf Brother	Friendship	River Boy	Life and death, relationships
The Midnight Fox	What it means to be human	The arrival	Immigration/Empathy
In my Mosque	Religion/Diversity	The whisperer	Gang culture
And Tango Makes Three	Prejudice	Exceptional Men in black history	Race
Aalfred and Aalbert	LGBTQ+	As We Grow	Growing up
Kind	Prejudice	The only way is badger	Race
The Prince and the Frog	LGBTQIA+	Julian is a Mermaid	Transgender awareness
Other words for home (poem)	Diversity	Dreams of Freedom	The equality act
Can you see me?	Neuro-diversity	Feather Boy	Bullying/Identity
FARThER	Loss/Hope/Love	Refugee (Poem)	Diversity
Last stop on the Market	Choosing to help	Goodnight, Mister Tom	Friendship/Loneliness