

	<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
Nursery	Fundamental movement skills <i>(Locomotor and navigating space)</i>	Movement and Dance	Fundamental movement skills <i>(agility, balance and coordination)</i>	Fundamental movement skills <i>(gymnastics)</i>	Athletics	Fundamental movement skills <i>(hand/eye and foot/eye coordination)</i>
Reception	Fundamental movement skills <i>(Locomotor and navigating space)</i>	Movement and Dance	Fundamental movement skills <i>(Locomotor and navigating space)</i>	Fundamental movement skills <i>(gymnastics)</i>	Athletics	Fundamental movement skills <i>(hand/eye and foot/eye coordination)</i>
Year 1	Fundamentals	Gymnastics	Ball Skills	Target Games	Athletics	Striking and fielding games
Year 2	Fitness	Dance	Sending and receiving	Invasion games	Athletics	Net and wall games
Year 3	Fundamentals	Gymnastics	Ball skills Swimming	Football	Athletics Swimming	Cricket
Year 4	Tag Rugby	Dance Swimming	Dodgeball	Tennis Swimming	Athletics	Rounders
Year 5	Hockey Swimming	Gymnastics	Handball	Badminton	Athletics	Cricket
Year 6	Netball	Dance	Basketball	Tennis	Athletics	Rounders Swimming