



# Heartwood Church of England VC Primary and Nursery School

White Cross Road, Swaffham, Norfolk, PE37 7RF  
Tel 01760 721357

[office@heartwood.norfolk.sch.uk](mailto:office@heartwood.norfolk.sch.uk) | [www.heartwood.norfolk.sch.uk](http://www.heartwood.norfolk.sch.uk)

Headteacher Mrs Rebecca Starman  
Deputy Headteacher Mrs Kelsey McKenna

Dear Parents/Carers,

Monday 1<sup>st</sup> June 2026

We are delighted to inform you that Year 6 will be visiting **Whitlingham Adventure** on **Friday 3rd July 2026** to take part in an exciting outdoor learning experience.

The beautiful setting of Whitlingham Adventure offers children the opportunity to develop confidence, teamwork, communication and problem-solving skills through a range of outdoor activities. During our visit, the children will participate in **raft building and canoeing** (subject to availability and weather conditions), led by fully qualified instructors.

We will leave Heartwood at **9:20am** and travel by coach to Whitlingham Adventure. Activities will take place from **10:30am until 12:30pm**, followed by lunch before returning to school. We expect to arrive back at school by **2:30pm**, within the normal school day.

To help cover the cost of transport and activities, we are asking for a **voluntary contribution of £10.00 per child**. Whilst this contribution is voluntary, the visit can only take place if sufficient contributions are received to cover the overall cost. We therefore ask for your support wherever possible.

Please make payment and provide consent via **Arbor** by **Friday 19th June 2026**.

**What to Bring - Children should come to school wearing comfortable clothing suitable for outdoor activities and the weather forecast. They will need:**

- A small bag, rucksack or holdall
- Two changes of clothes
- Plastic bags for wet or muddy clothing
- A towel
- A water bottle and packed lunch
- Closed-toe footwear with secure fastenings (laces, Velcro or zip)
- Spare footwear
- Sunscreen and a sun hat (if warm)
- Hat and gloves (if cold)

For water-based activities, children should wear light, comfortable clothing that they do not mind getting wet. Waterproofs will be provided if required.



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## Additional Information

- Please ensure all jewellery is removed before the visit (except stud earrings).
- Long hair should be tied back.
- Any medication required during the visit should be handed to the class teacher before departure and clearly labelled.
- Children should not bring valuables, as bags will be stored in a shared group area.

This promises to be an exciting and memorable experience for the children, providing opportunities to develop resilience, teamwork and independence whilst enjoying outdoor adventure activities in a safe and supportive environment.

If you have any questions, please do not hesitate to contact the school.

Kind regards,

**Mrs Watts**

Year 6 Class Teacher

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Name of child \_\_\_\_\_

I am happy for my child to go on the **Whitlingham Adventure Trip** on Friday 3<sup>rd</sup> July 2026.

I have paid £10.00 contribution via Arbor for my child      YES

My child requires as school packed lunch on this day:      YES                  NO

If you are ordering a school pack lunch, please choose from:      Cheese                  Ham

Signed \_\_\_\_\_ Date \_\_\_\_\_