

## Concepts

| Relationships |  | Health and Well-being                      |  | Living in the wider world           |  |  |
|---------------|--|--|--|-------------------------------------|--|--|
|               | Unit 1   | Unit 2                                     | Unit 3                                       | Unit 4                              | Unit 5   | Unit 6   |
| Year 1        | What is the same and different about us?         | Who is special to us?                      | What help us stay healthy?                   | What can we do with money?          | Who helps to keep us safe?   | How can we look after each other in the wider world? |
| Year 2        | What makes a good friend?                        | What is bullying?                          | What jobs do people do?                      | What helps us to stay safe?         | What helps us to grow and stay healthy?  | How do we recognise our feelings?                    |
| Year 3        | How can we be a good friend?                     | What keeps us safe?                        | What are families like?                      | What makes a community?             | Why should we eat well and look after our teeth?   | Why should we keep active and sleep well?            |
| Year 4        | What strengths, skills and interests do we have? | How do we treat each other with respect?   | How can we manage our feelings?              | How will we grow and change?        | How can our choices make a difference to others and the environment?                     | How can we manage risk in different places?          |
| Year 5        | What makes up a person's identity?               | What decisions can people make with money? | How can we help in an accident or emergency? | How can friends communicate safely? | How can drugs coming to everyday life affect health?                                     | What jobs would we like?                             |
| Year 6        | How can we keep healthy as we grow?              |  | How can the media influence people?          |                                     | What will change as we become more independent?<br>How do friendships change as we grow? |  |